



Course description

New course 2005. Start and finish at the Recreation Lodge at Tims Ford State Park, Winchester. After start at the lodge the course loops behind the lodge and on to a trail that crosses the road and follow the picnic area down to the water. Follow the trail to a right turn on to Tims Ford Drive to the Rangers Station. Turn sharp to the left and right at the end of the parking lot onto Marble Plains walking trail. Follow the trail past the church to a turnaround at the overlook (mile 3). The same way back to the finish at the Lodge.

